

Unplanned Pregnancy Options

Pregnancy is one the most life-changing experience that can happen to a woman. It is common to have mixed emotions regarding an unplanned pregnancy.

“Is this the right time?”

“Can I afford to have a baby?”

“What will my boyfriend, husband, or parent say?”

“what about my social life, school, or career?”

These are difficult questions that women face when they become pregnant. A woman who is pregnant has **three options** available to her:

1. Continue the pregnancy and parent the child either alone or with a partner.
2. Continue the pregnancy and make an adoption plan.
3. Terminate the pregnancy.

The choice is never easy. Community University Health Care Center/ Youth Link believes that the right decision about an unplanned pregnancy is the one you believe is right. While you are deciding, please avoid alcohol and drug use. Also, it is important to take a daily prenatal vitamin that includes at least 400mcg of folic acid.

Parenthood:

Once you get the initial surprise of being pregnant, a child may be welcome addition to your family. Or, you may already have children and had not planned on having another. Perhaps you have chosen to postpone parenthood until later in your life, or never to become a parent at all. Whether this unplanned pregnancy is the result of a failed birth control method or the result of having unprotected intercourse, you have option to consider.

If you have children, you already know the responsibility parenthood involves. You may wonder how the addition of another child would affect your family. Having another child could cause physical, emotional or financial strain. It also important to discuss with your partner his feeling about situation. Will he want to get married...to split up...to raise the child together? If you decide to become a single parent, you are legally entitled to child support from the father of the child even if you are not married.

Pregnancy Options Counseling:

If you are unsure whether or not you want to keep the baby, put the baby up for adoption or have an abortion, pregnancy options counseling is available at the following clinics.

Community University Health Care Center 2001 Bloomington Avenue South Minneapolis, MN 55404	T: 612-301-3433 W: www.cuhcc.umn.edu/
Planned Parenthood – Minneapolis Clinic 1200 Lagoon Avenue Minneapolis, MN 55408	T: 612-823-6300 W: www.plannedparenthood.org/
Minnesota Religious Coalition for Reproductive Choice PO Box 6966 Minneapolis, MN 55406	T: W: info@mnrvc.org/

Adoption:

If you to continue your pregnancy but feel that you cannot raise a child at this time, you may be thinking about placing your baby for adoption. You can be sure that there is a family who really wants to adopt your child.

There are several agencies in the Twin Cities able to help you explore choices:

Adoption Option Council of Minnesota PO Box 24132 Minneapolis, MN 55108	T: 952-944-0866 E: info@adoptionoptionmn.org/ W: info@adoptionoptionmn.org/
Children Home Society of Minnesota 1605 Eustis Street St. Paul, MN 55108	T: 651-646-7771 or 1-800-952-9302 E: welcome@chfs.org/ W: www.chcfs.org/
Evolve Adoption and Family Services 5850 Omaha Avenue North Stillwater, MN 55082	T: 952-831-5707 W: evolve@EvolveService.org/
Lutheran Social Service of Minnesota 2485 Como Avenue St. Paul, MN 55108	T: 651-642-5990 E: pregnancy@lssmn.org/ W: www.lssmn.org/
National Indian Child Welfare Association 5100 SW Macadam Avenue, Suite 300 Portland, OR 97239	T: 503-222-4044 E: info@nicwa.org/ W: www.nicwa.org/
African American Adoption Agency 1700 South HWY 36 Service Dr. Roseville, MN 55113	T: 651-659-0460 or 1-888-840-4084 E: afadopt@afadopt.org/ W: www.afadopt.org/
Seton Service / Catholic Charities 1276 University Avenue West St. Paul, MN 55104	T: 651-222-3001 W: www.ccsmp.org/AdoptionSerices/
New Life Family Service 2900 University Ave SE Minneapolis, MN 55414	T: 612-623-8378 E: info@nlfs.org/ W: www.nlfs.org/index.cfm/

Other Adoption Resource www.mnadopt.org/agencies.html

Abortion:

If you feel that you cannot have a child or experience a pregnancy at this time in your life, abortion is an option. Abortion is a safe and legal medical procedure. However, some risks increase as the pregnancy progresses, so it is important for you to make a decision as early as possible.

There are several abortion providers in the Twin Cities area. The costs depend on how long you have been pregnant and what type of insurance you have. All the clinics accept Medical Assistance (MA). If you have private insurance, you will need to contact your carrier to determine the cost. Free pregnancy testing and counseling may also be available.

Loan Programs:

Grants or no-interest loans are available to women seeking abortions. These are usually limited to \$100 or less. You may apply for them over the phone and will be told immediately whether you qualify. Prochoice Resources: 612-825-2000, the hours for Assistance Fund at any time need to be 2nd trimester under 18 years old.

Dr. Mildred Hanson 710 East 24 th Street, Suite 403 Minneapolis, MN 55404	T: 612-870-1334 or 1-877-870-1334 W: www.drmilliehanson.com/about.html	Price Range \$600 - \$3000	Earliest 4 to 5 weeks and Latest 21 weeks and 6 days
Planned Parenthood - St. Paul Clinic 671 Vandalia Street St. Paul, MN	T: 651-698-2406 W: www.plannedparenthood.org/ Sliding fee is available	Price Range \$652 - \$6835	Earliest is when the pregnancy is detected and Latest is 23 weeks and 6 days
Whole Women's Health 825 South 8 th Street #1018 Minneapolis, MN 55404	T: 612-376-7708 E: info@wholewomenshealth.com/ W: wholewomenshealth.com/	Price Range \$615 - \$2500	Earliest 6 weeks and Latest 23 weeks and 6 days
Robbins dale Clinic 3819 West Broadway Minneapolis, MN 55422	T: 763-533-2534 W: www.robbinsdaleclinic.com/	12 Weeks Price Range \$600 - \$650	Earliest 5 weeks and 4 days and Latest 12 weeks

Payment Details: For Uninsured

- The cost of a medical abortion (nonsurgical abortion or "abortion pill") ranges from approximately \$600 - \$1000.
- For patients 12 or fewer weeks pregnant, the cost of a surgical abortion ranges from approximately \$600 - \$700.
- For patients 12 through 23 weeks and 6 days pregnant, the cost ranges are from approximately \$650 - \$6835.

The cost will be determined by your medical needs, income and vary by abortion provider. Abortion providers expect payment on the day of the service with cash, money order, credit or debit card. No personal checks are accepted. Contact individual clinics for further information regarding payment, insurance, medical assistance and current prices. The clinics listed accept all or most types of insurances.

24 Hour Waiting Period:

State Law currently requires a conversation with the provider regarding the abortion procedure and patient history at least 24 hours before the appointment for actual procedure. When you are scheduling your appointment, the receptionist will inform you on how their clinic will schedule this legally mandated conversation with the provider.

Community-University Health Care Center

Visit [http:// www.health.state .mn.us/wrtk/qanda.html](http://www.health.state.mn.us/wrtk/qanda.html) or call the MN Dept. of Health at 651-201-5000 or 1-888-0823 with any questions.

FOR MINORS: PARENTAL CONSENT

If you are 17 years old or younger, you must have a notarized signature of your parents. (or legal guardian) in order to have an abortion. It is required that at least one parent is present to sign but the other parent can sign a consent note, too.

JUDICIAL BYPASS is the procedure for having an abortion without parental consent, if you are 17 years old or younger. There is no charge for Judicial Bypass.

Steps to Take:

- Make an appointment with an abortion clinic.
- Go through pre-court counseling at clinic and get certificate of attendance.
- Make an appointment for a court date with Hennepin County (call the guardian office at 612-348-6824 or check with your abortion provider)
- At the court appearance you will need a photo ID and certificate of pre-court counseling.
- If the Bypass is granted you will receive a court certificate copy pf order. This process can take up to two hours.
- The abortion can then take place when you give the clinic a copy of the court order.