

Occult Blood Fecal Collection Instructions

1. This FIT collection kit contains a collection vial, tissue paper square, cushion wrap, plastic bag and mailing envelope.
2. Raise toilet seat. Place tissue paper square across opening. Lower seat. Stool should be passed onto dry tissue paper. (No urine).
3. Using the probe built into the lid of the vial, scrape surface of stool and replace probe into the vial.
4. Wrap the vial in the cushion wrap. Put into small plastic bag, and seal.
5. Enclose in mailer envelope. Sample can be dropped into the mail, or returned to CUHCC between the hours of 0830AM and 445PM Monday thru Friday. (Excluding Holidays).

Day 1



Collect stool sample. Wrap container in white wrapper provided and place in plastic bag. Place into envelope and seal. Mail envelope, or return to CHUCC.

Note: Prompt delivery of the specimen to the laboratory after collection is very important for timely results. Specimen should be kept at room temperature. Return within 10 days of collection.